

Inspired to  
**PRAAY**





Summer Jean  
Lowder is  
here!!

Inspired to  
**PRAY**



# BACK TO THE **BASICS**

**PRAY**

**DISCIPLE**

**SHARE**



What is prayer?

Prayer is talking **WITH** and  
listening to God.

Inspired to  
**PRAY**



Matthew 6:5-8  
1 Timothy 2:1-2  
Philippians 4:6-7  
Mark 10:46-52

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**PRAY**



Specifically talk with God  
about everything.

Inspired to  
**PRAY**

# Praying specifically:

- Helps me process needs and wants.

James 4:2-3

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# Praying specifically:

- Helps me process needs and wants.
- Grows my dependence upon and intimacy with God.

Romans 8:26-29

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# Praying specifically:

- Helps me process needs and wants.
- Grows my dependence upon and intimacy with God.
- Makes me more alert for God's answers.

1 John 5:14-15

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Specifically talk with God  
about everything.

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Your Challenge for this week:

Stop giving basic prayers and get more specific when you pray.

Watch your mind be clearer, your relationship be richer and your anticipation be greater!

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# NEUROPLASTICITY

